



**Newsletter spring
2019**

Editorial

Dear Colleagues,

A very warm welcome to the spring edition of the EAGP Newsletter 2019. The last few years were full of significant events. For example the very successful “3 Days Course” in Leuven, Belgium in 2016. Also the Lausanne Summer school got a lot of positive feedback.

For the upcoming Lausanne Summer School in 2019 you will find further information below or on our website.

<https://www.eagp.com/trainings/summer-school-lausanne/>

As usual all members are welcome to use the newsletter for sharing their research ideas, views and to highlight key issues in Geriatric psychiatry across Europe. We always like to bring in your new ideas and contributions and publish them. Hopefully you enjoy reading our updates and gather new insights.

Katrin Krah & Helen Spanier, Germany

Presidential Message



Dear EAGP members,

In this issue of the Newsletter we are very happy to promote a number of educational events and also the Congress of the French Association for Geriatric Psychiatry.

You may also be interested to see that the International Psychogeriatric Association has its regional meeting in Santiago de Compostela, which will be a great event to meet other academics and specialists working in the field of mental health and old age.

In September we would like to welcome trainees in geriatric psychiatry from across Europe to our fourth Summer School in Lausanne, Switzerland. This has now become a well-established part of the EAGP calendar, and has been very well reviewed by those who attended.

In addition, in October the Institute of Mental Health in Nottingham host the second Refresher Course for Consultant Geriatric Psychiatrists across Europe. This follows in the footsteps of the previous Refresher Course held in Leuven, Belgium, which again was a great success and was so popular that some people were not able to get a place.

Prof. M. Orrell
President EAGP

Upcoming events 2019

Please notice the following events:

European refresher course for old age psychiatrists

SAVE THE DATE
October 03^h to 04th 2019
Nottingham, UK

This October the Institute of Mental Health will host the second European Refresher Course for Old Age Psychiatrists – run jointly by the European Association of Geriatric Psychiatry (EAGP) and the Faculty of Old Age Psychiatrists, Royal College of Psychiatrists. The course is scheduled for two days.

For more information or to sign up follow the link down below.

<https://www.eagp.com/trainings/refresher-course/>

EAGP Summer School 2019

Given the positive feedback of the last few years the EAGP is pleased to announce the upcoming Summer school 2019 in Lausanne.

SAVE THE DATE
September 11th to 14th 2019
Lausanne, Switzerland

www.eagp.com/trainings/summer-school-lausanne/

This year again the EAGP will host the EAGP Summer School, a three day course for 20-25 junior geriatric psychiatrists from all over Europe. International experts of many topics will join this summer school and fulfill the lectures, workshops, case presentations, discussions with new information and experienced knowledge. This way young professionals can learn from their experience and gather new insights. The summer school offers a formal and informal exchange with peers. Also this course will offer the opportunity to network and to further cooperation. The spoken language will be English.

Further information
Mrs. Suzanne Maillard
(suzanne.maillard@chuv.ch)

Prof. A. von Gunten
Switzerland

SAVE THE DATE
September 19^h to 20th 2019
Rouffach

2. Congress of the société Francophone de Psychogériatrie et de Psychiatrie de la Personne Agée



For further information visit the link below.

<http://sf3pa-congres.com/>

EAGP annual general meeting 2019

The AGM 2019 did take place in Warsaw. Topics on this years agenda were upcoming events for 2019 and 2020, structure of the EAGP members and improvement of the EAGP.

The cooperation with other countries, which are not member of the EAGP, will be expanded. So more people can profit from our work.

The EAGP had small beginnings back in 1971, and 2021 we will be able to celebrate our 50th anniversary, which we hope will be quite a memorable occasion.

It is taken in consideration to celebrate in Germany, Düsseldorf where it all began.



Board meeting 2019 Warsaw, Poland

Symposium EPA and EAGP at Warsaw

The EPA congress at Warsaw took place in April. Many interesting lectures were scheduled. Participants gave a positive feedback. In cooperation with the EPA we will briefly highlight our joint symposium.

Filip Bouckeaert from Belgium was representing the EAGP and showed new insights on "amyloid imaging in late life".

You find more information if you follow the link.

<http://2019.epa-congress.org/2019#.XTIdmhrwA2o>

Complete Support Network reduced Stays in a Psychiatric Hospital

For geriatric psychiatric patients a variety of support options exist. But oftentimes these options cannot be used efficiently because patients suffer from feeling overwhelmed or disorientation. In many cases the reason might also be a lack of cooperation of the service providers.

Therefore the Alexian Research Center in Krefeld (ARCK), Germany, headed by Prof. Ralf Ihl, established a network of all involved supporting structures in the areas of diagnostics, therapy, care, relief and specialized counselling. In 2014 we were able to show, that only six percent of coordinated supported patients with chronic mental illness (Alzheimer's disease, depression, bipolar disorder) needed admission into a nursing home.

After continued observation the results remain very encouraging. For the year 2016 we calculated quantity and duration of hospital stays of all our patients, about half of whom participated in the Complete Support Network (CSN), while the others only wanted stationary treatment. An average reduction of 82 percent could be achieved, which is a great improvement of economic patient care.

A number of factors contributed to this success. Mainly responsible we consider consistent relationship structures which means trusted and permanent contact persons with whom available resources can individually be invested in appropriate support options. Without close coordination, conflicting goals are possible, for example regarding preservation of the patient's autonomy.

A big immediate effect can be observed in our outpatient services as part of the CSN. Therapeutic progress of hospitalisation is oftentimes lost, when patients are sent back into an unchanged environment, such as home with no further guidance or support.

By participating in weekly social and leisure activity groups, isolation is temporally lifted and sustainable positive activity can be fostered. Furthermore, healthcare professionals can react quickly in a crisis and care-giving relatives can be temporally relieved.

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Ingo Klingenhegel, Psychologist,

Alexian Research Center Krefeld

CONY THE 14th WORLD CONGRESS ON
CONTROVERSIES IN NEUROLOGY
LONDON, UNITED KINGDOM

CO-CHAIRPERSONS
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Anthony Schapira, UK

March 26-29
2020

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